



### **Clip 'n Climb Plymouth Disclaimer**

Clip 'n Climb is a potentially dangerous activity that can lead to serious injury if safety procedures are not followed. All participants are required to adhere to the rules stipulated in the 'Rules for Climbers' poster and any additional safety information given by centre staff. Clip 'n Climb Plymouth Ltd cannot be held responsible for any participants acting outside of these rules laid down for their safety and well-being.

These include but are not limited to:

- Do not climb unless you are securely attached via the Belaymate system. A safety video and briefing will be provided beforehand, all climbers **MUST** attend a safety briefing before they climb.
- **Do not** walk or stand on the coloured warning mats or marked fall zones
- **Do not** 'pull down' on the rope whilst climbing.
- The minimum age for participation is 4 years.
- 2 - 3 year old children are permitted to climb during a **designated toddler session only**.
- The maximum weight limit of participants is 22stone / 150kgs.
- All participants must dress appropriately for the activity which includes the removal of all jewellery, long hair to be tied back and closed toe footwear. Flip Flops, Sandals or 'Croc' style footwear is **not** appropriate.
- All children under secondary school age (Up to & including 11 years) **must** have a parent, or legal adult guardian present in the building at all times when using the Clip 'n Climb facility
- All unsupervised children aged 12-17 years **must** be members of Clip 'n Climb Plymouth (please call 01752 717567 for details)
- The child's parent or legal adult guardian remains responsible for the welfare of their child at all times and must decide what level of supervision their child needs in the Clip 'n Climb arena in light of his/her age, confidence and ability. We encourage all parents to interact and share the Clip 'n Climb experience with the children in their care.
- Parents / Guardians are welcome to take photos of their friends and family at this facility. Clip 'n Climb Plymouth Ltd will not take or use any photos for promotional purposes without first obtaining written consent. We cannot be held responsible for photos taken and used by members of the public.
- **Climb Fit Sessions:** Follow one of our self-led circuits during a climb fit session for a fun way to get fit! However, participants are responsible for their own warm up/cool down routines, although examples are available.
- Any physical activity carries an inherent risk of bumps, bruises and minor injury. By participating or allowing the children in your care to participate you acknowledge and accept this risk.

### **Refund Policy**

**Please be aware that to amend or cancel a booking we will require a minimum of 48 hours' notice in order to issue a refund. For more information, call 01752 717567**